

# Curriculum Vitae

Dr Janine R Braier D.PSYCH. C.PSYCHOL. AFBPSS, MHMA, MNIMH  
Consultant Clinical Psychologist



Parenting  
Profiles  
Limited

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## QUALIFICATIONS

Dr Janine Braier is a fully qualified Clinical Psychologist

Registered with

BPS [No.10693] and HPC [No. PYL 02901]

Involved in current clinical practice offering psychotherapy to children, adults and families.

## EXPERIENCE

Parenting Profiles Ltd [Director]

1996-2021

CONSULTANT CLINICAL PSYCHOLOGIST

Group of independent Chartered Clinical Psychologists, Child and Family Mental Health specialists, working in the area of Parenting and Child Protection (public). Specialising in high conflict cases and parental alienation, offering assessment, psychotherapy, child and family work for children and their families caught up in the emotional consequences of difficult separation (private).

The Chelsea Practice

1989-1996

CONSULTANT PSYCHOLOGIST

Lead Psychologist with special interest in development of Family Therapy Services including assessment and treatment of Post-Natal Depression and psychopathology within the Parent-Child Relationship

Ashford Hospital, Middx

1988-1990

PRINCIPAL CLINICAL PSYCHOLOGIST

Responsible for Psychology Services to adults & children in Spelthorne district. Special interest in Assessment & Treatment of Obsessive Compulsive Disorders, Anxiety & Post-Natal Depression

St Bartholomews Hospital

1986-1988

SENIOR CLINICAL PSYCHOLOGIST

Responsible for Psychological Research & Assessment of adults in the Stress Research Unit dealing with the impact of Stress upon Mental Health and Medical Conditions

Charing Cross Hospital

1983-1985

CLINICAL PSYCHOLOGIST

Provision of services to Adult Mental Health and General Medicine, with special interest in Endocrinology

## EDUCATION & TRAINING

University of Middlesex  
2015-2018

M.Sc.  
[Dept Integrative Medicine]

University of Middlesex  
2006-2010

DPsych  
[Doctorate in Psychotherapy: Profiling Parents in Family Proceedings]

College of Practical Homoeopathy  
1998-2000

License in Homoeopathic Medicine

Westminster Pastoral Foundation  
1980-1985

Personal Analytical Therapy

Surrey University, Guildford  
1980-1982

M.Sc. Clinical Psychology

London University, Goldsmiths  
1976-1980

B.A. Psychology

## RESEARCH INTERESTS

- Profiling and strategies for children experiencing consequences of high conflict separation intractable hostility and parental alienation
- Psychological profiling of parents involved in non-accidental injury of their children; implications for prevention and therapy
- Preparation of Diagnostic Manual and Assessment tool: A Segmentation of Parents whose children are subjects of Care Proceedings
- Impact of Substance Misuse on Relationships and Parenting
- Parents with Autistic Spectrum Disorder and Asperger Syndrome: Implications for relationships and childcare

PARENTING PROFILES LTD  
SPECIALIST SERVICES  
(PRIVATE PROCEEDINGS)

ASSESSMENT  
PARENTAL ALIENATION vs ESTRANGEMENT

ADULTS : Psychological assessment including attachment and childhood history, personality profiling/mental health, emotional resources, core patterns of relating to others, previous and current relationships, parenting capacity, co-parenting, reflective function, mentalizing capacity, perception of children's predicament, estrangement vs alienation, alienating strategies, understanding of Findings of Fact and exploration of context for false allegations, where appropriate, ability to engage in therapy and potential to develop capacity to work with the other parent, in the best interests of their children.

CHILDREN : Emotional /intellectual resources, patterns of relating, meaning of expressed wishes, evaluation of attachment and relationship with parents, presentation (alienation vs estrangement) emerging personality and mental health.

RECOMMENDATIONS: Guidelines for effective therapy, intervention and residence issues (the latter usually only possible if all family members seen)

PLEASE SEE SEPARATE DOCUMENT  
FOR HIGH CONFLICT  
THERAPEUTIC PROGRAMMES  
CURRENTLY OFFERED